FOR IMMEDIATE RELEASE: XX/XX/2022

NAME OF YOUR SCHOOL Hosting Annual Board Break-a-thon.
Raising awareness for Suicide & Bullying Prevention in our communities.

YOUR CITY STATE: NAME OF SCHOOL, ADDRESS, CITY, STATE, will host its annual Board Break-a-thon raising awareness and funds for Suicide and Bullying Prevention in our communities. Joining other Global Traditional Martial Arts (GTMA) Schools from several countries the Board Break-a-thon is a way to involve students and families in raising awareness for this important cause.

Students participating each breaking up to 10 boards a piece. Participants are asked to get Sponsors to support them in this community effort. Longoria's goal is to raise the level of awareness in their own school and to invite our neighbors to learn more while supporting a needed cause.

NAME OF YOUR SCHOOL has partnered with the Leadership Harbor Foundation to raise the bar of awareness. Leadership Harbor Foundation has their roots in adding value to their community by offering a Suicide & Bullying Prevention training, CALM, to their clients. In partnering we, the larger GTMA and Leadership Harbor Foundation all hope to continue the conversation through awareness and trainings.

- DAY, DATE, 2022 TIME AM
- **www.leadershipharbor.com/boardbreak**
- Contact Chris Hansen 402-525-0568 or **chris@leadershipharbor.com**

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